

GCCYS BOYS & GIRLS BASKETBALL RULES

1. You must be a member of a participating parish or attend the school to play on a GCCYS team/league. Each member's sports coordinator/director must insure that all rosters are submitted and GCCYS liability waivers completed before the first game. Players may be added to the roster before the sixth game. Players may only play on one GCCYS team.
2. Please pay the officials before the game after they have signed your scorebook. All officials receive \$25 referee fees. Officials have been instructed not to take abuse from coaches. They will ask you to leave or forfeit. Let's all demonstrate good sportsmanship. If you do not show up for a game it will be considered a forfeit and your school/parish will be subject to a \$50 fee. If a team only has 4 players or obtains a substitute player the game may be played, but will be considered a forfeit. The referees will be paid, their normal fee, at the start of the game and there will not be any forfeit fees to the school/parish. Forfeit fees should be sent to the GCCYS and we will take care of paying the officials. If these fees are not paid, you are ineligible for the post-season tournament. **All games are to be played as scheduled. The GCCYS is the only one able to change games and games will only be changed for parish/school-sponsored events that are mandatory. The GCCYS office must have 10 days' notice of any game changes unless a catastrophic reason.**
3. Ohio High School rules are the basis for our league operation with GCCYS modifications.
 - a. No A-B-C teams prior to 6th grade. Grades 3rd-5th are to be evenly divided (balanced).
 - b. All teams in the 3rd- 5th and 6th- 8th recreation teams must play each player for one full quarter from start to finish. Coaches should strive for roughly even playing time or what is determined by your school/parish. Exception if a player is injured or sick. You must play all your players regardless of the opposing team's size. 6th-8th grade competitive teams have NO required playing time. **This rule**

is in effect for the regular season as well as the post-season tournament. The scorekeeper must sit at the scorer's table. It is the scorekeeper's responsibility to keep track of playing time.

- c. The 5th/6th, 6th-8th grade teams can use a full court press. If there is a lead of 15 points the team leading can no longer press. The 3rd-5th grade teams cannot press.
- d. **In 3rd-4th grade, teams must play man vs man.** Zone defense is not permitted. **When a 3rd warning is given to a team by the referees and after each subsequent violation of the rule, one point will be given and the ball will be awarded to the non-offending team.** (please see man vs man rule specifics at the bottom of this document)
- e. In 3rd-4th grade if a team has a 15-point lead they cannot extend defensive play outside of the 3-point line; if there is no 3-point line the defense cannot be above the top of the circle.
- f. In 3rd-8th grade once a 20+-point lead has occurred in the 4th quarter there will be a running clock.
- g. Quarters:
3rd-8th -----6 minutes stop and go
- h. In 3rd grade, teams will receive (4) 45 second timeouts. In 4th thru 8th teams will receive (3) Full time-outs and (2) 30 second time outs.
- i. All overtime periods are two (2) minutes stop and go.
- j. Special rule for 3rd- 5th grade games: When a dead ball throw in occurs in the back court with less than one (1) minute remaining, the clock is to start when the offensive player crosses mid court. This will be signaled by the referee. **This rule applies to DEAD BALL SITUATIONS in the 4th QUARTER and OVERTIME periods only.**
- k. Free throw lines:

3rd- 4th ----- 9 feet (lower circle)
5th -----12 feet (between lower circle and standard)
5th/6th, 6th - 8th ----15 feet

- l. Free-Throw Rule – Players may enter the lane when the shooter releases the ball, except the shooter who cannot enter until the ball hits the rim. The lane is from your respective free-throw line down.
 - m. Coaches and players may request verbal time-outs.
 - n. Boys and girls grades 3rd – 6th and girls grades 7th-8th will be using the intermediate size ball (28.5”). Boys in grades 7th-8th will be using a regulation size ball (29.5”).
 - o. **No jewelry may be worn. No face paint or hair paint.**
4. Every team is automatically entered in the GCCYS postseason tournament. Teams that play in “A” divisions will play in the Division I tournament and they will be seeded. **If you do not wish to be entered in the tournament you must notify GCCYS a minimum of two weeks prior to the end of the regular season.**
 5. Winning team must report scores within 48 hours of the game. Teams with the most wins will be declared the winner.

Man To Man Defense

Man to man defense is to be officiated in the spirit that the rule is written.

No player is to be standing in an area, not guarding anyone, in essence playing a zone.

However, you do not need to follow the offensive player to a corner of the court if you are two passes away.

HELP SIDE defensive is a principle of the man to man. If you are two passes away you may be in help side BUT the defensive player need to be receptive and react if the player he/she is guarding moves around the court.

No double teaming is allowed except for in the paint, WHICH IS DEFINED AS THE FREE THROW YOU SHOOT FROM AND DOWN TO THE BASELINE. One small exception will be when a ball screen is being set by the offensive team.

- In this situation, a natural double team may occur as the screening player is bringing his defender next to the ball. Patience in this is required. If the double team continues to happen after the ball handler clears the screen, it should be called.

In man to man, you are allowed to switch defenders when picks are being set or at any other time where switching may occur. YOU ARE NOT ALLOWED TO SIT AND WAIT FOR AN OFFENSIVE PLAYER TO COME INTO YOUR AREA AND THEN JUST SWITCH PLAYERS.

There is no defensive pressure in the BACK COURT at all. Players on the defensive team MUST get back once the offensive team secures possession. The defensive team must stay back three feet to allow the offensive team to be able to get the ball and both feet into the front court.

On sideline out of bounds plays at or near mid-court the defensive team may stay back at three point line and then pick up the offensive player once the ball is inbounds.

On out of bounds plays under the offensive team's basket, the defensive team may not just place a player under the basket to "protect" it. They must defend the out of bounds thrower but CAN BE placed at an angle to take away the direct throw to the area in front of the basket.

The calling of this should be consistent with how Man to Man defense is played and officials should understand when the playing of a zone defense or zone principles are being used.